# **First Aid & Healthcare**











**First Aid Kits Burn Care Supports & Tapes Bandages & Dressings Plasters Eye Care Hot & Cold treatment Biohazard Gloves Medisure Personal Care Sure Thermal Dispensary** 



















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#### Workplace First Aid

Recommendations and guideline standards for workplace first aid provision in the UK are provided by the two main official bodies of The Health and Safety Executive (HSE) and The British Standards Institute (BSI).

Whilst these recommendations may set out the minimum guidelines, all workplaces must undertake a First Aid Risk Assessment to ensure that their individual first aid provision meets the needs and risks associated with the actual working activities undertaken at any given site.

### The Health and Safety Executive (HSE)

Under The Health and Safety (First Aid) Regulations 1981, the HSE have issued official guidance for employers on managing the provision of first aid in the workplace. The HSE Guidance on Regulations (publication L74) applies to all employers and provides guidance on managing first aid (kit types, equipment and facilities), first aid personnel (cover levels, training and appointed persons) and first aid awareness across the workplace.

### The British Standards Institute (BSI)

As a world renown standards authority the BSI have developed a full set of first aid kit recommendations that build upon the requirements of The Health and Safety (First Aid) Regulations 1981. The British Standard BS 8599-1 specification for the contents of workplace first aid kits recommends appropriate equipment and consumables for addressing injury risks across a range of environments.

To comply with these regulations and standards we offer a great choice of kits that are carefully designed to meet the HSE or BS recommendations.

#### **HSE** first aid kits

Whilst The HSE issue a basic list of items recommended for workplace kits, it is stipulated that the kit contents and the equipment available must be 'adequate and appropriate in the circumstances'. Each employer is responsible for performing ongoing detailed risk assessments to ensure that the first aid provision remains appropriate to the workplace concerned.

#### **British Standard BS8599-1:2019 first aid kits**

BSI kits feature additional and more comprehensive contents to those minimum requirements set out in the L74 Guidance on Regulations. These kits are developed with further items intended to address a wider range of the more common workplace risks.

The BS8599-1 standards establish enhanced minimum first aid kit recommendations that take account of the varying provision levels suitable for the risk category and the number of workers in the assessed workplace.

Updated for 2019

#### What size of kit do I need?

In assessing the most appropriate size of kit, consideration should be given to both the level of risk and the number of employees in the workplace. The following table will provide general guidance, whilst actual requirements should be based upon a workplace specific risk assessment.

Category of hazard	No of Employees	Size of First Aid Kit
LOW HAZARD eg shops, offices, libraries etc	Less than 25 25-100 More than 100	At least one small kit At least one medium kit 1 large kit per 100 employees
HIGH HAZARD eg light engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction or chemical manufacturing	Less than 5 5-25 More than 25	At least one small kit At least one medium kit 1 large kit per 25 employees



# **HSE Workplace**

Contents	HSE Travel	HSE 1-10	HSE 1-20	HSE 1-50
Cleansing wipes	2	6	10	20
Gloves vinyl (pair)	1	1	2	3
Guidance note	1	1	1	1
HSE eyepad dressing	-	2	4	6
HSE large dressing	1	2	3	4
HSE medium dressing	-	6	9	12
Plasters assorted	10	20	40	60
Safety pins	6	6	12	12
Triangular bandage	1	4	6	8

### **HSE Travel**

Single person kit conforming to HSE regulations. Supplied in a small carry bag or a standard first aid box.

QF1100



**QF1100BOX** 



## **HSE 1-10 person**

Fully compliant to HSE regulations. Suitable for work areas with up to 10 employees.

QF1110 Standard box





**OF1110R Refill** 

# HSE 1-20 person

Fully compliant to HSE regulations. Suitable for work areas with up to 20 employees.

QF1120 Standard box



**QF1121 Premium box** - includes wall bracket



QF1120R Refill

### **HSE 1-50 person**

Fully compliant to HSE regulations. Suitable for work areas with up to 50 employees.

**QF1150 Standard box** 



**QF1151 Premium box** - includes wall bracket



QF1150R Refill

## **BSI Personal Issue**

Ideal for first aiders, cleaners, maintenance workers, security.



QF2300R refill

### **BSI Small**

Fully compliant to the latest BSI standard.

**QF2110 Standard box** 

**QF2151 Premium box** includes wall bracket



QF2110R Refill

## **BSI Medium**

Fully compliant to the latest BSI standard.

QF2120 Standard box



**QF2121 Premium box** 

- includes wall bracket



QF2120R Refill

### **BSI Large**

Fully compliant to the latest BSI standard.

**QF2150 Standard box** 

**QF2111 Premium box** - includes wall bracket

QF2150R Refill



Contents	BSI Personal Issue	BSI Small	BSI Medium	BSI Large
Burn Dressing 10x10	-	1	2	2
Cleansing wipes	4	20	30	40
Conforming bandage	-	1	2	2
Finger dressing	-	2	3	4
Foil blanket	1	1	2	3
Gloves nitrile (pair)	2	6	9	12
Guidance note	1	1	1	1
HSE eyepad dressing	-	2	3	4
HSE large dressing	1	2	3	4
HSE medium dressing	-	2	4	6
Microporous tape	-	1	2	3
Plasters assorted	10	40	60	100
Resuscitation Aid	1	1	1	2
Scissors tuffcut	1	1	1	1
Triangular bandage	1	2	3	4

# HSA Ireland's Health & Safety Authority

HSA guidelines recommend that occupational first aid kits include sterile saline eyewash pods and water based gel burn dressings where mains tap water is not readily available. For burn dressings see page 9, For eyewash see page 19.

Contents	QF1600	QF1610	QF1625	QF1650
Suitable for	Single person	1-10 persons	11-25 persons	26-50 persons
Cleansing wipes	10	10	20	40
Crepe bandage	1	1	2	3
Gloves vinyl (pair)	3	5	10	10
<b>Guidance notes</b>	1	1	1	1
HSE eye pad dressing	2	2	2	4
HSE medium dressing	1	2	2	4
HSE large dressing	1	2	6	8
HSE extra large dressing	1	2	3	4
Plasters assorted	20	20	20	40
Resuscitation aid	1	1	1	1
Safety pins	6	6	6	6
Scissors tuffcut	1	1	1	1
Triangular bandage	2	2	6	6

### **HSA Travel**

Single person kit conforming to HSA regulations. Supplied in a standard first aid box. Refill also

available

QF1600



QF1600R Refill

### HSA 11-25 person

Fully compliant to HSA regulations. Suitable for work areas with up to 25 employees. Refill also available.

**OF1625** 



QF1625R Refill

### **HSA 1-10 person**

Fully compliant to HSA regulations. Suitable for work areas with up to 10 employees. Refill also available.

QF1610



**OF1610R Refill** 

## HSA 26-50 person

Fully compliant to HSA regulations. Suitable for work areas with up to 50 employees. Refill also available.

QF1650



QF1650R Refill

#### Food Safety Act 1990

"In any proceedings for an offence under these Regulations it shall be a defence to prove that the person accused took all reasonable precautions and exercised all due diligence to avoid the commission of the offence by the accused or by a person under the control of the accused."

Using Qualicare catering kits helps to demonstrate taking reasonable precautions.

Catering Contents	1-10	1-20	1-50
Cleansing wipes	6	10	20
Gloves vinyl blue (pair)	1	2	3
Guidance note	1	1	1
HSE eyepad dressing	2	4	6
HSE large dressing	2	3	4
HSE medium dressing	6	9	12
Plasters assorted blue	20	40	60
Safety pins	6	12	12
Triangular bandage	4	6	8

### **HSE Catering 1-10 person**

Fully compliant with food hygiene regulations. Suitable for work areas with up to 10 employees.

**QF1210 Standard box** 

**QF1211 Premium box** - includes wall bracket





**OF1210R Refill** 

## **HSE Catering 1-20 person**

Fully compliant food hygiene regulations. Suitable for work areas with up to 50 employees.

QF1220 Standard box

**QF1221 Premium box** - includes wall bracket





**OF1220R Refill** 

# **HSE Catering 1-50 person**

Fully compliant food hygiene regulations. Suitable for work areas with up to 20 employees.

QF1250 Standard box



**QF1251 Premium box** - includes wall bracket



QF1250R Refill

## **Catering Kit Plus**

A catering kit that can be used in addition to regulation kits that contains many extra items to provide better protection in the kitchen environment.

Contents	QF3000
Cleansing wipes	2
Fingerbob blue	4
Fingerstall blue	2
Guidance note	1
HSE medium dressing	1
Low adherent dressing	2
Microporous tape	2
Plasters assorted blue	100
Scissors budget	1
	_



# **BSI Catering**



# **BSI Small**

Fully compliant to the latest BSI standard.

**QF2210 Standard box** 



**QF2211 Premium box** - includes wall bracket

QF2210R Refill



# **BSI Medium**

Fully compliant to the latest BSI standard.

QF2220 Standard box



**QF2221 Premium box** - includes wall bracket

**QF2220R Refill** 



# **BSI Large**

Fully compliant to the latest BSI standard.

**QF2250 Standard box** 



**QF2251 Premium box** - includes wall bracket





Catering contents	Small	Medium	Large
Burn Dressing 10x10	1	2	2
Cleansing wipes	20	30	40
Conforming bandage	1	2	2
Finger dressing	2	3	4
Foil blanket	1	2	3
Gloves, nitrile (pair)	6	9	12
Guidance note	1	1	1
HSE eyepad dressing	2	3	4
HSE large dressing	1	2	2
HSE medium dressing	4	6	8
Microporous tape	1	1	1
Plasters assorted	40	60	100
Resuscitation Aid	1	1	2
Scissors tuffcut	1	1	1
Triangular bandage	2	3	4

# **Handy First Aid Kit**

#### **Essential first aid for home & travel**

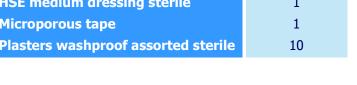
Great for use at home or when traveling, this compact kit comes in a robust and handy wipe-

clean storage box. The eye-catching translucent box, informative colour labelling and shelf ready tray of just 6 kits, make it ideal for retail sales.

Unlike other similar entry level kits, the included Qualicare dressings and plasters are produced to full professional CE sterile quality standards.

Sold in shelf ready pack of 6. Case size is 144.

Contents	QF0001
Cleansing wipe	1
Dressing low adherent	1
HSE medium dressing sterile	1
Microporous tape	1
Plasters washproof assorted sterile	10



### **Home & Travel First Aid Kit**

#### **Essential first aid for home & travel**

Great for family use at home or when traveling, this compact kit comes in a robust and handy zip open pouch. The practical soft pouch and informative colour wrap make it both eye-catching and ideal for retail sales display.



quality standards.

Sold in packs of 6. Case size is 48.



Contents	QF0002
Cleansing wipe	2
Gloves (pair, disposable)	1
HSE large dressing sterile	1
Triangular bandage	1
Safety pins	6
Plasters washproof assorted sterile	10

# Large Home & Travel Kit

# **Essential first aid for home & travel**

Great for family use at home or when traveling, this large kit comes in a robust and handy zip open pouch. The practical soft pouch and informative colour wrap make it both eye-catching and ideal for retail sales display.



Unlike other similar family kits, the Home & Travel kit includes dressings and plasters that are produced to full professional CE sterile quality standards. Large, durable, nylon pouch with comfort handle





Code QF0003 23cm x 16cm x 9cm Case size 20

Contents	QF0003
Guidance notes	1
Large dressing	1
Medium dressing	1
Triangular bandage	2
Washproof plasters assorted	20
Cleansing wipes	6
Disposable gloves (pair)	1
Crepe bandage 5cm	1
Crepe bandage 7.5cm	1
Conforming bandage	1
Low adherent dressing 5x5cm	2
Low adherent dressing 7.5x7.5cm	1
Eye pad dressing	1
Eye wash 20ml	2
Microporous tape 1.25cm	1
Resusciade with valve	1
Foil blanket	2
First aid scissors	1
Instant ice packs	3



# **Burn gel**

- Soothing
- Cooling
- Gel for Burns

Sterile Hydrogel. Relieves pain from burns and scalds. Protects against infection and minimises trauma and skin damage.

Promotes healing, moistens, cools and soothes. Non-adherent to burned skin. Bottled gels and dressing available.

Comes in shelf ready packaging.

QBC410	Burn blot sachet 3.5g
QBC424	5cm x 5cm dressing
QBC420	10cm x 10cm dressing
QBC421	20cm x 20cm dressing
QBC427	5cm x 15cm dressing
QBC428	10cm x 40cm dressing
QBC426	30cm x 40cm face mask
QBC431	Burn gel bottle 59ml
QBC430	Burn gel bottle 118ml

#### **COMPACT BURN FIRST AID KIT**

A compact burn first aid kit for most burn applications in the home, office or kitchen 18.5cm x 24cm x 4.5cm

Contents	QF3001
Burncare Burn blot	3
Burncare 10cmx10cm	2
Burncare Hydrogel 59ml	1
Eye wash pod	1
Guidance note	1
HSE medium dressing	1
Microporous tape	1
Triangular bandage	2



#### **BURN FIRST AID KIT SMALL**

A burn first aid kit for most burn applications in the home, office or kitchen.



Contents	QF1301
Burncare Burn blot	8
Burncare 10cmx10cm	2
Burncare 20cmx20cm	1
Conforming bandage	3
Eye wash pod	3
Gloves vinyl pair	1
Low adherent dressing 5x5	1
Low adherent dressing 10X10	2
Microporous tape	1
Scissors budget	1

#### PREMIUM BURN FIRST AID KIT LARGE

A large burn first aid kit for kitchen or industrial use where burns are a potential daily hazard.

Contents	QF1300
Burncare Burn blot	2
Burncare 10cmx10cm	2
Burncare 20cmx20cm	2
Burncare hydrogel 59ml	1
Conforming bandage	3
Eye wash pod	5
Gloves vinyl pair	2
Low adherent dressing	4
Microporous tape	1
Scissors budget	1
Wall bracket	1



# Child / Professional Training Kits

# **Professional Training First Aid Kit**

For the professional first aid trainer.

#### **Resuscitation aid pouch**



Contents	QF3500
Cleansing wipe	2
Gloves vinyl pair	1
Resuscitation aid	1



#### **Paediatric First Aid Kit**

A kit to meet the particular requirements of childcare.

Contents	QF3905
Cleansing wipes	6
Finger dressing	2
Gloves vinyl pair	2
Guidance note	1
HSE eye pad dressing	2
HSE medium dressing	4
HSE large dressing	2
Microporous tape	1
Plasters assorted washproof	20
Resuscitation aid	1
Safety pins	6
Scissors tuffcut	1
Triangular bandage	2



# Emergency Grab Bag Kit An ideal emergency first response kit designed

An ideal emergency first response kit designed for low risk incidents in the workplace. Comprehensively equipped and featuring Ambulance Dressings suitable for more serious injuries.



Contents	QF4001
Ambulance dressing No 1	2
Ambulance dressing No 2	2
Ambulance dressing No 3	2
Cleansing wipes	6
Eye pad dressing	2
Eye wash pods 20ml	3
Foil blanket	1
Gloves vinyl pair	1
Guidance notes	1
Plasters assorted washproof	40
Safety pins	6
Scissors tuffcut	1
Triangular bandage	2
Tweezers flat	1

# Emergency Grab Bag Kit — Pro The Pro kit is equipped for first response to more

The Pro kit is equipped for first response to more serious incidents and emergencies in the workplace. In addition to Ambulance Dressings the kit also includes Trauma Dressings for the fast treatment of major blood loss wounds.



Contents	QF4002
Ambulance dressing No 1	2
Ambulance dressing No 2	2
Ambulance dressing No 3	2
Ambulance dressing No 4	2
Cleansing wipes	10
Eye pad dressing	3
Eye wash 500ml	1
Foil blanket	2
Gloves vinyl pair	2
Guidance notes	1
Microporous tape	1
Plasters assorted washproof	40
Resuscitation aid	1
Scissors tuffcut	1
Trauma dressing 10x18	1
Trauma dressing 15x18	1
Triangular bandage	2
Tweezers flat	1

# British Standard Compliant Motoring & Travel First Aid Kits

### **BS8599-2:2014 Compliant First Aid Kits**

Three sizes of kits to meet the requirements of BS8599-2 launched in 2014. This standard was designed to improve safety for all UK motorists and to meet the requirements of victims of road traffic accidents and emergencies.

These kits are produced in soft pouches to make them more convenient for storing in vehicles.

Refill kits are available for all sizes.



#### BS8599-2 Motorist kit small

Suitable for moped, motorcycle, motor tricycle and quadricycle. Maximum 3 passengers.

QF1480 kit in pouch

Size 20cm x 14cm x 6cm

QF1480R refill kit



# BS8599-2 Motorist kit medium BS8599-1 Travel & Motoring kit

Suitable for car, taxi, van and truck. Maximum 8 passengers.

QF1481 kit in pouch

Size 22cm x 15cm x 7cm

OF1481R refill kit

Complies with both standards



#### **BS8599-2 Motorist kit large**

Suitable for minibus, bus and coach. Maximum 16 passengers. Additional kits are required for more than 16 passengers

QF1482 kit in pouch

Size 22cm x 15cm x 12cm

OF1482R refill kit

# British Standard Compliant Motoring & Travel First Aid Kits

Contents	QF1480	QF1481	QF1482
Suitable for	Moped, motorcycle, motor tricycle, quadricycle	Car, taxi, van, truck Max 8	Minibus, bus, coach Max 16
Disposable triangular bandage	-	1	2
Burn dressing 10cm x 10cm	1	2	4
Adhesive wound dressing 10cm x 8cm	-	1	2
Medium dressing 12cm x 12cm	-	1	2
Trauma dressing medium	1	1	2
Trauma dressing large	-	-	1
Disposable nitrile gloves pair	1	2	5
Waterproof plasters assorted (10)	1	1	2
Resuscitation face shield	1	1	2
Cleansing wipes	5	10	20
Foil Blanket	-	1	3
Guidance notes	1	1	1
Tuff cut scissors	1	1	1

### **BS8599-1:2019 Compliant Travel & Motoring First Aid Kit**

Our medium kit is also compliant with the standard BS8599-1:2019 launched in January 2019. This sits along side BS8599-2:2014 and states that staff working remotely from a company vehicle should be equipped with a travel and motoring first aid kit.



#### **PSV Kit**

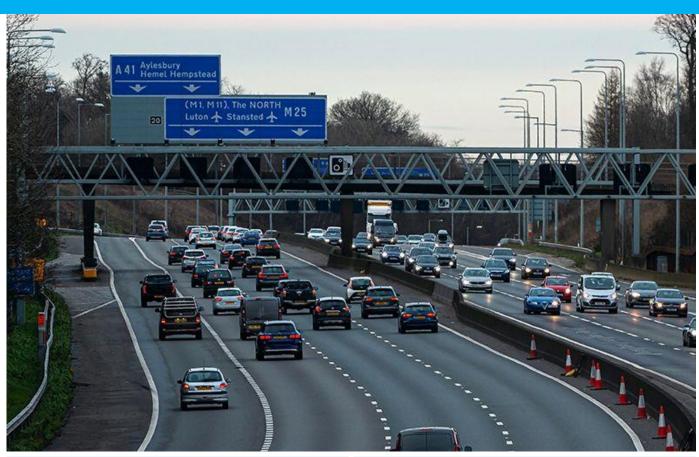
This kit is suitable for Passenger Carrying Vehicles ie buses, coaches and taxis. Can be supplied in box or pouch.

Contents	QF3002/ QF3002P
Cleansing wipes	10
Conforming bandage	1
Eye pad dressing	2
Gloves vinyl pair	1
Guidance note	1
HSE large dressing	3
Plasters washproof	20
Safety pins	12
Scissors budget	1
Triangular bandage	2





# Vehicle Kits



### **Vehicle/travel kit**

A compact yet comprehensive kit developed with travel and vehicle use in mind. For travel and vehicle use.



Contents	QF3003
Conforming bandage	2
Cleansing wipes	4
Eye wash pods	2
HSE eye pad dressing	1
HSE medium dressing	1
HSE large dressing	1
Gloves vinyl pair	2
Guidance note	1
Plasters washproof assorted	20
Safety pins	6
Scissors budget	1
Triangular bandage	1

### **Travel kit**

Single person kit ideal for treating minor injuries on the road.



Contents	QF2500
Burn dressing 10x10	1
Conforming bandage	1
Cleansing wipes	4
Eye wash 250ml	1
Foil blanket	1
HSE eye pad dressing	1
HSE medium dressing	1
HSE large dressing	1
Gloves pair	1
Guidance note	1
Microporous tape	1
Plasters washproof assorted	10
Resuscitation aid	1
Safety pins	6
Scissors tuffcut	1
Triangular bandage	1



### Ideal for sports and other outdoor activities.

Our sports kits are now sold as refill kits with bags available to buy separately if required. This allows you to customise your first aid kit based on your specific needs as many customers prefer to use their own bags.

Our kits do not contain freeze sprays but these can be added to your order along with any other products.

### Sports refill kits and bags sold separately

#### **QF3870R STANDARD SPORTS**

# Order the required refills



# QF3875R LARGE SPORTS FIRST AID KIT REFILL





Order blue sports kit bags if required



Features multiple storage compartments/pockets and comes with a removable/adjustable shoulder strap. Nylon with a polyester lining.

29cm x 23.5cm x 11cm





Order freeze sprays or other items if required

#### QH0550 FREEZE SPRAY

Spray in aerosol can to assist with aches and pains.



All items packed separately

Contents	QF3870R	QF3875R
Cleansing wipes	10	20
Crepe bandage 5cm x 4.5m	1	1
Crepe bandage 7.5cmx 4.5m	-	1
Conforming bandage 5.0cmx4m	-	2
Conforming bandage 7.5cmx4m	-	2
Elastic adhesive bandage 7.5cmx4.5m	-	1
Finger dressing	2	3
Eye wash pods	-	5
Foil blanket	1	2
Gloves vinyl pair	3	5
Guidance notes	1	1
HSE eye pad dressing	1	2
HSE medium dressing	2	3
HSE large dressing	1	2
HSE XL dressing	-	1
Ice pack instant	1	2
Low adherent dressing 7.5cmx7.5cm	3	4
Low adherent dressing 10cmx10cm	3	4
Microporous tape	1	2
Plasters washproof assorted	2	3
Resuscitation aid	-	1
Safety pins	1	1
Scissors tuffcut	1	1
Triangular bandage	2	3
Zinc oxide tape 2.5cmx10cm	-	1

# Sports Supports & Tapes



### **Kinesiology Tape**



**SP12312** - Blue **SP12404** - Pink

**SP23134 - Black** 

**SP23158 - Beige** 

Kinesiology is the scientific study of human movement that promotes a more natural approach to muscular rehabilitation therapies focused on enhancing performance and relieving symptoms.

iSport Kinesiology Tape is designed to encourage the natural healing process in providing effective flexible support that does not restrict movement. The backing features adhesive applied in a wave pattern that works with the flexibility and high elasticity of the fabric tape to allow a full range of motion.

- Professional physio quality
- Water resistant and breathable
- Flexible elasticated support
- High stretch woven fabric
- Durable low allergy adhesive

### **Neoprene Supports**

- Protection
- Warmth
- Performance
  - Support
- Rehabilitation

Top quality sports grade supports made in 3mm neoprene for maximum performance and durability.

Ideal for sport activities and everyday use.

Closed cell neoprene rubber provides warmth and support to encourage recovery and to help prevent injury to joints and muscles. Blood circulation is improved which assists the natural healing process.

Supplied in a durable picture box.



Ankle SP06939 small SP06946 medium SP06953 large SP06960 extra large



Knee SP06977 small SP06984 medium SP06991 large SP07004 extra large



Open knee SP07011 small SP07028 medium SP07035 large SP07042 extra large



Wrist SP07059 small SP07066 medium SP07073 large



Elbow SP07080 small SP07097 medium SP07103 large SP07110 extra large



Back SP07127 small SP07134 medium SP07141 large SP07158 extra large

# Sports Supports & Tapes

### **Elastic Adhesive Bandages**



#### **ELASTIC ADHESIVE BANDAGE**

Highest quality elastic adhesive bandage, with transparent, hypoallergenic adhesive for permanent compression for sports and occupational injuries.

Porous, air-permeable, thermo-stable.

4 sizes available.

**QB5081** 2.5cm x 4.5m **QB5082** 5cm x 4.5m **QB5083** 7.5cm x 4.5m **QB5080** 10cm x 4.5m

### **Tearable Elastic Adhesive Bandages**



#### **TEARABLE ELASTIC ADHESIVE BANDAGE**

Cotton support bandage with strong adhesive backing.

Hand tearable, quick to use, no need for scissors.

Lightweight.

95% cotton, 5% spandex.

3 sizes available.

**QB5090** 2.5cm x 4.5m **QB5091** 5cm x 4.5m **QB5082** 7.5cm x 4.5m



# Sports Supports & Tapes

#### **FLEXIBLE FOAM SPLINT**

Flexible splint - measuring 11cm x 92cm. Helps to immobilise broken bones and sprain injuries.

May be cut to size and should be used folded and/or curved.

Suitable for arms, neck, shoulders, fingers, wrists, knees, legs and ankles.

Washable and reusable.

Material: Aluminium and macromolecule foam. Latex free.

To use: Carefully shape/fold/curve splint to suit injured body part. Loosely bandage to hold splint in place. Keep injury elevated to reduce swelling and pressure. Loosen bandage with any increased swelling or discomfort. For use by trained first aid professionals.

#### QB5150

Dimensions 11cm x 92cm











# isport guardsocks & goggles

# Swim goggles

### Lightweight, comfortable, secure

iSport Swim Goggles are designed for swimming in pool, sea or fresh water. These one size goggles are carefully shaped for comfort and to help them remain securely in place while swimming.





Pack size 6

Case size 72

Pack size 3 pairs.

		UK	EU
SP16228	Extra small	9-12	26.5-30
SP16235	Small	12.5-2.5	31-35.5
SP16242	Medium	3-5	36-38.5
SP16259	Large	5.5-8	39-42.5
SP16266	Extra large	8.5-11	43-46







### Hygienic, comfortable

iSport Guard Socks are ideal for swimming and other activities in and around water where comfort and hygiene for the feet is needed. The have been carefully developed to offer lightweight and comfortable protection against waterborne infections.

Made from soft, comfortable and durable natural latex.

# isport guardsocks & pool caps

# Swim goggles

### Lightweight, comfortable, secure

iSport Swim Goggles are designed for swimming in pool, sea or fresh water. These one size goggles are carefully shaped for comfort and to help them remain securely in place while swimming.



**SP14088** 

Pack size 6

Case size 72



# Bandages & Dressings



#### TRIANGULAR BANDAGE

Used to immobilise, support and protect arms, shoulders and ribs. The calico can be washed and reused and is ideal for training purposes. Non sterile.

QB5060 Cotton calico non-hemmed

QD5062 Disposable 90 x 90 x 127cm



#### **CONFORMING BANDAGE**

High quality polyamide conforming bandage designed to give maximum stretch (up to 2.8 times) giving good compression and wound dressing retention. The perfect all round bandage.

QB5041 5cm x 4m

QB5042 7.5cm x 4m

QB5040 10cm x 4m



#### **CREPE BANDAGE**

Our crepe bandage utilises the traditions of cotton crepe combined with modern synthetics to give excellent retention, compression and stretch.

QB5002 5cm x 4m QB5003 7.5cm x 4.5m QB5000 10cm x 4.5m QB5001 15cm x 4.5m



#### **COHESIVE BANDAGE**

High quality latex free cohesive bandage, tearable one way. Uses the best adhesives which adheres positively to itself to give excellent compression. Ideal for sports, outdoor activities and veterinary applications.

QB5020 7.5cm x 4.5m



#### **TUBULAR BANDAGE**

Cotton elasticated tubular bandage used to support different limbs.

QB5100 A 5cm x 10m QB5101 B 6.25cm x 10m QB5103 C 6.75cm x 10m QB5105 D 7.5cm x 10m QB5107 E 8.75cm x 10m QB5109 F 10cm x 10m QB5111 G 12cm x 10m QB5113 J 17.5cm x 10m



#### FINGER TUBULAR BANDAGE

Pre-rolled finger bandage. Ideal for protection for fingers from damage and infection. Blue available for catering environments.

QB5210 White QB5211 Blue



#### **BLUE FINGERSTALL PVC**

Secures finger dressings and ensures dryness and protection.

QB5220 Blue large bag of 10 QB5222 Blue medium bag of 10



#### **PARAFFIN DRESSING**

This non-adherent sterile dressing is ideal for the first aid and aftercare of minor burns and scalds, abrasions, lacerations, skin graft sites and other skin loss wounds.

The soft cotton gauze sheets are soaked with petroleum jelly to soothe the area and encourage the healing process. Each sterile pack contains 10 sheets.

QD6527 10cm x 10cm (pack of 10)



# Bandages & Dressings



#### **LATEX FINGER COTS**

Bag of 100 latex finger cots flexible to fit most fingers.

Made of 100% natural latex, rolled.

To cover wounds of fingers and to protect fingers from contamination.

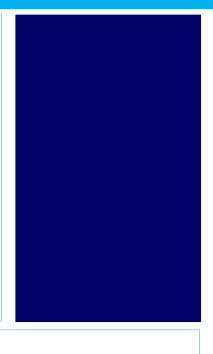


#### **NITRILE FINGER COTS**

Bag of 100 nitrile finger cots flexible to fit most fingers.

Made of nitrile, rolled.

To cover wounds of fingers and to protect fingers from contamination. Ideal for catering





#### **LOW ADHERENT DRESSING**

Sterile, highly absorbent dressing pad with low adherence. Individually wrapped in a peel pouch for use on abrasions, lacerations and moderately exuding wounds.

QD6501 5cm x 5cm pack of 100 QD6502 7.5cm x 7.5cm pack of 100 QD6500 10cm x 10cm pack of 100



#### **HSE DRESSINGS**

Sterile, non-woven dressing sewn to polyester stretch bandage. Flow wrapped

QD6060 Medium dressing 12cm x 12cm

QD6061 Large dressing 18cm x 18cm QD6062 Extra large dressing 28cm x 20cm

QD6080 Eye pad dressing 7.5cm x 7.5cm

QD6063 No 8 dressing

#### **WATERPROOF ADHESIVE DRESSING**

Qualicare Waterproof Adhesive Wound Dressings are great for covering larger wounds and abrasions that need to be kept dry and protected in order to speed the healing process. The low adherent dressing pad is held securely in place by the clear and discreet adhesive backing that is waterproof, light weight, soft

The dressing is applied in two simple stages – firstly, the white paper adhesive covers should be removed and the dressing should be applied to the skin like a plaster in the usual way. Secondly, once the dressing is securely in place, the clear outer protective layer can be removed at the blue strip to reveal the soft and flexible waterproof layer.





# **ADHESIVE DRESSING**

Sterile, highly absorbent dressing pad with low adherence and low allergy stretch fabric. Individually wrapped in a peel pouch for use on weeping or surgical wounds, cuts and lacerations.

QD6040 10cm x 8cm

QD6041 8cm x 6cm

QD6050 10cm x 8cm QD6051 8cm x 6cm

# Bandages & Dressings



#### **FINGER DRESSING**

Sterile, smaller low adherent dressing designed for fingers. Individually wrapped in a peel pouch.

QD6120 3.5cm x 3.5cm



#### **SWABS**

Allows blood and fluids to pass through and be absorbed.
Cushions and protects wounds.

QD6501 5cm x 5cm pack of 100 QD6502 7.5cm x 7.5cm pack of 100 QD6500 10cm x 10cm pack of 100



#### **STERILE SWABS**

Allows blood and fluids to pass through and be absorbed.
Cushions and protects wounds.

QD6511 5cm x 5cm pack of 5 QD6512 7.5cm x 7.5cm pack of 5 QD6510 10cm x 10cm pack of 5



#### **TRAUMA DRESSINGS**

Qualicare trauma dressings allow for the fast treatment of major wounds. The high strength elasticated bandage enables significant pressure to be applied directly to the wound which quickly stems blood flow. The non-adherent and super absorbent dressing pad protects the wound against contamination, whilst the integral Velcro end fixing secures the bandage quickly and easily into place.

QD6174 10cm X 18cm QD6175 15cm x 18cm



#### **AMBULANCE DRESSINGS**

Sterile, flow wrapped dressings with a thicker pad to deal for more sever wounds with heavy blood loss.

QD6150 No 1 12cm x 10cm QD6151 No 2 20cm x 15cm QD6152 No 3 28cm x 20cm QD6153 No 4 32cm x 20cm





#### Food Safety Act 1990

"In any proceedings for an offence under these Regulations it shall be a defence to prove that the person accused took all reasonable precautions and exercised all due diligence to avoid the commission of the offence by the accused or by a person under the control of the accused.

The use of blue detectable plasters helps to demonstrate taking reasonable precau-

Qualicare branded blue detectable plasters are available in a splash proof case.

- 100 assorted sizes
- Metal detectable
- Latex free
- Sterile
- Plastic case

#### Sterile

#### **Blue Detectable Plasters**

#### Supplied in handy plastic storage case

The splash proof polypropylene box provides protection for the contents from dust and water making it ideal for a catering environment.

#### **Product OP7080**

7.2CM X 1.9CM	40
7.2CM X 2.5CM	30
7.2CM X 5.0CM	5
KNUCKLE/BUTTERFLY	5
3.8CM X 3.8CM	20



#### QUALICARE PLASTERS

- **Latex free**
- Low allergy Strong adhesive

The Qualicare professional sterile first aid plasters range covers the most commonly used shapes across fabric, waterproof and detectable formats. All our plasters are latex free and feature a durable low allergy adhesive making them ideal for workplace, occupational or domestic use.



#### **QUALICARE WASHPROOF PLASTERS**

Qualicare waterproof plasters are manufactured in soft flexible polyethylene material and will stay comfortably and securely in place when worn in damp environments or if contact with water occurs





#### **QUALICARE FABRIC PLASTERS**

Qualicare fabric plasters are carefully made in a strong and flexible polyester/spandex yarn for a secure and comfortable fit. The breathable stretchy material adjusts to the contours of the application area helping promote faster healing.

OP7050 Fingertin/Rutterfly

	Q17033	ringer up/ butterny	DOX OF SO
	QP7060	Knuckle/Anchor	Box of 50
	QP7057	7.2cm x 5.0cm	Box of 50
	QP7050	7.2cm x 2.5cm	Box of 100
	QP7056	7.2cm x 1.9cm	Box of 100
l.	QP7055	3.8cm x 3.8 cm	Box of 100
1/1	QP7058	Assorted	Pouch of 10
	QP7052	Assorted	Box of 100
N. Service	QP7061	Assorted plastic box	Box of 100
in the			
92311			





#### **QUALICARE BLUE DETECTABLE PLASTERS**

Qualicare blue detectable waterproof plasters are ideal for all kitchen, catering and food production environments. The soft flexible polyethylene material includes metal detectable aluminium particles for full compliance with catering and food production standard practices.

Box of 50



#### **WOUND CLOSURE STRIPS**

#### **Qualicare Sterile wound closure strips**

Ideal for closing, securing and supporting small cuts and minor wounds. Keeping the edges of a wound together can help to reduce bleeding and scarring, whilst allowing the wound to heal quickly and naturally.

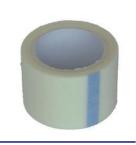
Each sachet contains sterile strips manufactured in strong non-woven polypropylene material coated with durable low allergy adhesive.

- Low allergy
- · Latex free
- · Promotes healing
- · Reduces scarring
- Easily applied

**QP7110** 5 strips 3mm x 75mm

**QP7112** 3 strips 6mm x 75mm

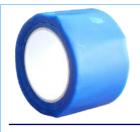




#### **MICROPOROUS TAPE**

A multi purpose, non woven tape. Tearable by hand with low allergy adhesive.

QP7300 1.25cm x 10m QP7301 1.25cm x 5m QP7302 2.5cm x 10m QP7303 2.5cm x 5m



#### **BLUE TAPE**

Adhesive strapping tape to protect wounds and cover potential hazards when working in food preparation.
Washproof for environments where staff will be washing hands regularly.
Includes metallic strip to aid automatic detection systems.
Each roll individually bagged and barcoded.

QP7370 2.5cm x 5m



#### **ZINC OXIDE TAPE**

Tears easily down the length, skin friendly adhesive, reduces flexion on joints and gives support.

QP7380 1.25cm x 10m QP7381 2.5cm x 10m QP7382 5cm x 10m QP7383 7.5cm x 10m



# PRE-INJECTION WIPES

Qualicare Pre-injection Wipes are ideal for cleansing the skin prior to an injection. Each sachet contains a 3cm x 3cm (2 ply) non-woven wipe saturated with Isopropyl Alcohol (70% v/v).

QW0360 pack of 100



#### **SALINE WIPES**

Saline sterilised wound wipes. Sold in packs of 100.

QW0351 Saline pack of 100

# Resuscitation

#### RESUSCITATION



#### **CPR FACEMASK**

With a one way valve and directional diaphragm which prevents back flow of air and cross contamination.

QR0200 with plastic case QR0200B without case



#### **RESUSCITATION AID**

Oval shaped mouthpiece for a good fit to the patients mouth.

QR0201



# FACE SHIELD RESUSCITATION

Quick and easy to use faceshield designed to prevent infection and apply good resuscitation.

QR0202



# RESUSCITATION AID IN A KEYRING POUCH

Resusciation pouch for emergency use. Can be attached to a belt or a key ring. Includes a resuscitation aid face shield.

**QR0201K** 

## **Vent Aid**<sup>TM</sup>

A method of giving life saving artificial respiration in a conditions whilst at the same time providing a hygienic barrier.

Specially shaped one way valve which fits inside the patient's mouth.

Flexible pvc outer sheet measures 38cm x 25cm when unfolded to provide extra protection against the risk of coming into contact with body fluids of patient.

Compact pack for easy storage.





**QR0203** 

#### **EYE/WOUND WASH**

#### Sterile saline eye wash

A topical, sterile eye wash solution containing Sodium Chloride BP 0.9%  $\mbox{w/v}$  in purified water BP.



**QE0700** 250ml bottle



QE0701



**QE0711** 20ml pods pack of 25



#### **EYEWASH CASE**

#### QE0734

Includes 2 x 500ml bottles, 2 x HSE eye pad dressings and a wall bracket.

Qualicare eyewash contains only purified water and sodium chloride 0.9% making it ideal for eye injuries and other wounds that require flushing without the risk of further contamination or irritation.

#### **EYE WASH WALL KITS**

**Eye pod station 10 pods with mirror and sign** QE0731 Includes 2 HSE eye pad dressings.



**Eye wash station—2 x 500ml bottles with mirror and sign.** QE0733 Includes 2 eye pad dressings



# **Biohazard**



Contents	Q10430
Absorbent granules 10g	1
Disinfectant spray 30ml	1
Hand / surface wipe	1
Plastic scoop	1
Plastic scraper	1
Non woven cloths	1
Vinyl gloves	2
Vinyl apron	1
Vinyl sleeve covers	2
Biohazard disposal bag	1

#### Body fluid spill disposal kits

- 1. Put on protective gloves, apron and sleeves.
- 2. Sprinkle absorbent granules over spill.
- 3. Wait around 3 minutes for granules to absorb spill.
- 4. Scoop up and scrape into biohazard bag.
- 5. Disinfect the area with spray and wipe down.
- Place everything in biohazard bag and dispose of in accordance with HSE guidelines.

#### QI0430 One application in plastic bag



19 x 11 x 3.5 cm Carton size 100

QI0477 One application in plastic box



23 x 18 x 4.5 cm

Carton size 48

QI0431 5 applications in yellow box



27 x 22.5 x 8

Carton size 10

# Biohazard











#### **Body spill granules**

Safely absorbs body fluid spillages. The clear plastic dispenser tubs feature flip up lids with separate sprinkle and fast flow apertures.

QI0400 10g sachet, carton 1000

QI0401 100g, carton 100

QI0402 500g, carton 20

#### QI0421 Biohazard bags

Durable polythene bag with self adhesive sealing strip.

30.5 x 20 cm

Pack of 50, carton 40 packs of 50

#### QI0425 Vomit bags

Durable waterproof plastic lined paper bags with gusset.

22.5 x 11.5 x 6 cm

Pack of 100, carton 20 packs of 100

#### QI0460 Vomit bowl

Disposable 1 litre vomit bowl in durable waterproof material.

1 ltr

23.5 x 21.5 x 8 cm

Carton 200

#### QI23431 Emesis bag

Leak resistant. Graduation marks at each 100ml. Easy to seal. Less mess than a basin, allows for quicker clean up.

1 ltr

36 x 12.5 x 12.5 cm

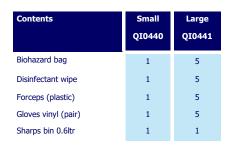
Pack of 50, carton 10 packs of 50

#### **SHARPS DISPOSAL**

**SHARPS DISPOSAL KITS** 



QI0440 small sharps disposal kit





QI0441 large kit in biohazard box



#### **SHARPS BINS**



QI0443 sharps bin 0.25 litre QI0445 sharps bin 0.6 litre QI0447 sharps bin 1 litre QI0449 sharps bin 4 litres

#### All gloves are medical grade.

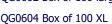
oysta

100

### **NITRILE GLOVES**

**AQL 1.5** 

QG0600 Box of 100 small QG0601 Box of 100 medium QG0602 Box of 100 large











### **VINYL GLOVES**

#### White

**AQL 1.5** 

#### **Powder free**

QG0625 Box of 100 small

QG0626 Box of 100 medium

QG0627 Box of 100 large

QG0633 Box of 100 extra large

QG0638 pair large



oysta

100



#### **Blue**

QG0639 pair large powder free





### **MEDISURE RETAIL PACKAGED GLOVES**





#### **VINYL GLOVES**

MS02078 large, 10 gloves Sold in packs of 6



#### **COTTON GLOVES**

MS02108 Small pair MS02085 Medium pair MS02092 Large pair Sold in packs of 6



#### **LATEX GLOVES**

MS02573 Medium, 10 gloves MS05017 Large, 10 gloves Sold in packs of 6

# Boxes, bags & cabinets



FIRST AID BOX 1-5 PERSONS GREEN

QX0051 13.5cm x 18cm x 7cm



# STANDARD FIRST AID BOX DARK GREEN

Sturdy, economical first aid box for use in the workplace.

QX0110 20cm x 24.5cm x 7.5cm QX0120 23cm x 26.5cm x 8.5cm QX0150 29cm x 35.5cm x 8.5cm

#### **METAL CABINETS**

Ideal for the secure storage of first aid supplies to provide a clean, dry, dust free environment. .

Locking door to keep contents secure

Strong and durable welded construction in galvanised sheet steel

Pre-drilled and ready for easy wall mounting

Two strong fitted shelves

QX8000 14cm x 30cm x 46cm QX8005 18.5cm x 45.5cm x 60cm





#### **BUM BAG GREEN**

QX8010 12cm x 22cm x 7.5cm



#### **POUCHES**

Available as either a large or small pouch with sturdy 3 sided zip.

QX8025 Small 20cm x 14cm x 7cm QX8024 Med 22cm x 15cm x 7cm QX8027 Large 22cm x 15cm x 12cm



#### **SPORTS BAG**

Ideal for sports and other outdoor activities, this bag features multiple storage compartments/pockets and comes with a removable/adjustable shoulder strap. Nylon with a polyester lining.

QX8071 29cm x 23.5cm x 11cm

## **500g Cotton wool roll**

100% cotton

QZ9102 Carton size 20 rolls





### 200 Cotton wool balls

120g, approx. 200 balls

100% cotton

**QZ9103** Carton size 80 bags

### **500 Cotton wool balls**

180g, approx. 500 balls

100% cotton

QZ9104 Carton size 50 bags



# Miscellaneous first aid



#### **SAFETY PINS**

QZ9572 6 safety pins in a plastic bag for use in first aid kits.



#### **FOIL BLANKET**

QZ9200 140cm x 204cm. For rescue and sports activities where there is a need to maintain body temperature.



#### **GUIDANCE NOTES**

QZ9300 A guidance booklet detailing basic first aid application required to be supplied in first aid kits



#### **ACCIDENT RECORD BOOK**

QZ9310 A5 book, 20 pages GDPR compliant—tearable sheets



#### **WALL BRACKET**

QZ9390 Plastic bracket. Suitable for all our standard first aid kits



#### **TWEEZERS**

QZ9510 Flat 3"



#### **PLASTIC TWEEZERS**

QZ9511 12.5CM



- Traditional red blanket presented in a zipped storage bag.
- Generously sized 200cm x 150cm.
- Lightweight and warm cellular material.
- $\bullet$  100% cotton to avoid irritation or allergies.
- Fully hemmed and bordered edges.
- Machine washable.

#### **CELLULAR BLANKET**

QZ9220 Cellular blanket 200cm x 150cm.



# Miscellaneous first aid



#### **BUDGET SCISSORS**

QZ9421 Budget scissors



#### **TUFFCUT SCISSORS**

QZ9431 Tuffcut scissors



#### **HOUSEHOLD SCISSORS**

SD19021 Household scissors, retail packaging. Sold in packs of 6.



#### **NURSES SCISSORS**

QZ9441 Nurses scissors BL/BL QZ9442 Nurses scissors SH/SH

Qualicare nurses scissors are available with blade ends styled as blunt/blunt or sharp/sharp. These durable 13cm stainless steel scissors are perfect for a variety of first aid or medical uses and are supplied with each pair individually sealed in a poly bag.



#### **EXAMINATION PEN SHAPED TORCH**

QZ9789 Pen shaped torch

The Qualicare Disposable Pen Torch is ideal for a variety of everyday medical uses and clips neatly into a pocket or onto clothing. Simply pressing the clip activates the light and the pupil size gauge printed on the pen aids quick diagnosis.



#### **TONGUE DEPRESSORS (100)**

QZ9888 Tongue depressors, sold in boxes of 100

Made from smooth wood.

Designed to press down the tongue to allow for examination of the mouth and throat.

Tips are rounded for patient comfort.

# **Prep Razors**

- Razors for preparing skin for surgery;
- Can also be used to prepare skin before using sports tapes to ensure they stick effectively;
- Ideal for hospitals, health centres, aesthetics or tattoo parlours.

# QZ9610 Carton size 10 boxes of 100

- Universal disposable razor (non-sterile);
- Single sided stainless steel blade;
- Protective cap on each blade;
- 9.7cm x 4cm.



- Individually packed;
- Stainless steel blade;
- Prevents cuts and hair clogging;
- 6cm x 4.5cm.





DISPOSABLE PREP RAZOR

REF 0Z9610 LOT 002789

★ ★ ② MD (€





- Medical sundries, personal care and mobility products.
- Packaged to perform in grocery, pharmacy, health and convenience.



## STEAM INHALER CUP

Steam inhalation has long been a widely used method of clearing the airways, where the warming and moisturising effects loosen and soften mucus and catarrh.

Wide anti slip base.

PVC free mask.



## MS05475

Sold in packs of 3

Carton 48

# Thermometers / Nit combs

## FLEXI-SOFT DIGITAL THERMOMETER

Soft flexible probe

Large screen

Fast reading

Dual scale





## MS13067 Sold in packs of 3







**MS13104** 20 per box. Sold in packs of 6



THERMOMETER HOUSEHOLD

MS17034 Sold in packs of 6



**NIT COMB HANDLED** 

**MS01514** Med 142mm. Sold in pks of 3 **MS01521** Lge 182mm. Sold in packs of 3



**NIT COMB WHITE 2 PACK** 

MS03150 Sold in packs of 6





### **NIT COMB WHITE 36PC BOX**

**MS05314** Individually barcoded nit combs. Sold in box of 36



### **7 COMPARTMENT**

**MS02528** 16 x 3.3 x 1.8cm. Sold in packs of 6. Best seller. Ideal for daily tablets. Rounded front compartment making it easier to retrieve a tablet.



#### **28 COMPARTMENT**

High quality pill organisers available in 2 sizes. Sold in packs of 3.  $\textbf{MS02535} \text{ small } 17.5 \times 11.6 \times 2 \text{cm}$   $\textbf{MS02566} \text{ large } 22.5 \times 15.5 \times 3 \text{cm}$ 



### **SET OF 2**

**MS05819** 7.6 x 7.6 x 1.8

Sold in packs of 6



## **28 COMPARTMENT WITH TRAY**

MS05833 17 x 11 x 2cm

Sold in packs of 6



#### **DAILY VALUE**

**MS05857** 16 x 3.3 x 2.2cm

Sold in packs of 6



#### **7 DAY EXTRA LARGE**

**MS06700** 23 x 5 x 2.7

Sold in packs of 6



#### **WEEKLY TOWER**

MS07943 10 x 7.2 x 13.2cm High quality tower with removable daily compartments. Sold in packs of 3



## **AM-PM WEEKLY**

**MS14880** 18 x 9 x 3.3cm

Sold in packs of 6

A comprehensive range of durable pill organisers, cutters and crushers.



#### **PILL CUTTER**

MS02559 Sold in packs of 6



### **PILL CRUSHER**

**MS15412** Simple treaded crusher and convenient storage section in the base. Sold in packs of 3



## **FLIP UP PILL ORGANISERS**

The Medisure Easy Open Flip Up pill reminders feature a simple and ingenious push button mechanism that allows the compartments to be opened and closed very easily.

The compartment lid pops open when the button is gently pressed. Simply push the lid back down and it is securely locked in place.

Ease of use makes this pill box ideal for patients of a wide range of abilities and ages.

Available in 7 compartments, 14 compartments and 28 compartments.

MS21277 7 compartment 22cm x 5cm x 2.5cm Pack size 6, case size 144



MS21284 AM/PM 22cm x 11cm x 2.5cm Pack size 6, case size 72



MS23172 28 compartment 23.5cm x 3.5cm x 25cm Pack size 3, case size 48



The Medisure weekly pill organiser is a convenient way to organise weekly tablets. Easy to use sliding lids make this pill box ideal for a wide range of abilities and ages.

Features a transparent patient notes compartment built in to the base of the unit that allows quick reference to a highly visible record of individual medication details.

Pack of 6 contains 3 x blue and 3 x green.



MS22342 sliding pill org 15.5cm x 3cm x 10.5cm Pack size 6, case size 72

## **POP UP PILL ORGANISER**

This Medisure pop-up pill organiser has 7 separate daily compartments neatly stored in a durable and lightweight transparent carrying case. The daily compartments are spring loaded and will rise from the case as each lid is opened.







## PILL ORGANISER WALLET

This Medisure pill organiser wallet has a durable flip-over case with a handy integral user notes holder. This discreet and flexible wallet holds 7 separate daily pill boxes each with 4 separate compartments.

## MS23509 Pack size 6

## Dimensions 16cm x 9cm x 3cm





# Water resistant and easy to open

The Medisure stay dry pill box has easy open compartments with lids that are cleverly sealed to resist moisture.

The ingenious and simple closing clip helps to keep the lids securely in place and to reduce the chances of any accidental opening.

Ease of use makes this pill box ideal for patients of a wide range of abilities and ages.

MS23820 Pack size 6, Case size 144

Dimensions 22.5cm x 5.5cm x 3.5cm





# Stalls & cots / Mobility



#### **FINGER STALLS PLASTIC**

MS01538 Small MS01545 Medium MS01552 Large MS01569 Extra large Sold in packs of 6



#### **THUMB STALLS PLASTIC**

MS01576 Small MS01583 Medium MS01590 Large MS01606 Extra large Sold in packs of 6



#### **FINGER STALLS LEATHER**

MS01613 Small MS01620 Medium MS01637 Large MS01644 Extra large Sold in packs of 6



### **THUMB STALLS LEATHER**

MS01651 Small MS01668 Medium MS01675 Large MS01682 Extra large Sold in packs of 6



#### **FINGER COT LATEX**

**MS02481** 12 cots per box Sold in packs of 6



#### **KNEE SUPPORT**

**MS01743** Small **MS01736** Medium **MS01729** Large **MS01750** Extra large



## **ANKLE SUPPORT**

MS01781 Small MS01774 Medium MS01767 Large MS01798 Extra large



## **ELBOW SUPPORT**

MS01828 Small MS01811 Medium MS01804 Large MS01835 Extra large



## **WRIST SUPPORT**

MS01866 Small MS01859 Medium MS01842 Large MS01873 Extra large

## **ARM SLING**

The Medisure arm sling will support the arm comfortably and securely in place. This lightweight and breathable sling features a fully adjustable shoulder strap with moveable padded neck guard. Material 100% polyester.

#### MS23448

Sold in packs of 6





#### **NECK COLLAR**

#### **MS01903** Small

Length 12-14"/30-35cm, Height 8.5cm MS01897 Medium

Length 14-16"/35-40cm, Height 10.5cm MS01880 Large

Length 16-19"/40-50cm, Height 11cm



#### SPLINTED WRIST BRACE

MS01934 Left sml MS01972 Right sml MS01927 Left med MS01965 Right med MS01910 Left Ige MS01958 Right Ige MS01941 Left XL MS01989 Right XL



#### **SLING**

MS01996



## **BACK SUPPORT**

MS02023 Small MS02016 Medium MS02009 Large MS02030 Extra large

Sold in packs of 6



### **TENNIS ELBOW SUPPORT**

MS05147 Focussed compression for relief and protection during activities such as tennis and gold. Lightweight durable construction, fully adjustable Velcro strap, soft neoprene rubber layer. Sold in packs of 6



## **WALKING STICK COLLAPSIBLE**

SD16211 Neatly collapses into 4 sections for easy storage. Strong lightweight tubular steel. Adjustable 34.5" (85cm) to 37.5" (95cm). Suitable for persons up to 18 stone (115kg)



#### **WALKING STICK**

**SD16327** Strong lightweight tubular steel. Adjustable 29" (74cm) to 38" (96cm). Suitable for persons up to 18 stone (115kg)

#### Four cups in one

- 1. Drink from the spout
- 2. Use the anti-splash lid with a standard drinking straw
- Use the anti-splash lid to drink from the edge the lid will reduce spills & splashes and limit the flow as the liquid passes through a hole in the lid.
- Use without a lid just like a normal cup

## **ADULT DRINKING CUP**

### Carefully designed for adults with additional needs

Independent Living The Medisure Adult Drinking Cup is carefully designed to support the independent living of those with additional needs or reduced capabilities. Whether using the cup for warm or cool drinks, the included spout and anti-splash lids will help to reduce spills for the preferred method of drinking. In addition to the spout drinking lid, the antisplash lid allows sipping from the edge of the cup or the use of a drinking straw.

The cup is made from tough and durable polypropylene material and features a wide stable base, two large easy hold handles and a generous capacity of 300ml. Suitable for dishwasher, microwave and steam steriliser.

- With spout and ant-splash lids included.
- Splash lid can be used with a drinking straw.
- Large easy to hold handles.
- Big 300ml capacity.
- Wide stable base.
- Tough and durable polypropylene material.
- Great for hot or cold drinks.
- Dishwasher and microwave
- BPA, PVC and latex free.

MS09060 sold in packs of





medisure

# **Folding Walking Sticks**

Lightweight adjustable walking stick with comfortable contoured handle, rubber ferrule tip and wrist loop.

- Height adjusts from 82cm to 92cm in 2.5cm increments
- Manufactured in durable and lightweight anodised aluminium
- Supplied in permanent re-usable storage pouch



MS23332 floral



MS23363 dogtooth



MS23349 floral



MS23370 tartan



MS23356 floral



MS23387 animal

## **INFLATABLE SUPPORT CUSHION**

The Medisure inflatable support cushion provides simple and effective support for comfortable sitting and for pressure relief in the sitting position.

The soft touch finish is comfortable and easy to clean and the one way valve makes it easy to inflate.

Inflated size:diameter 35cm, hole diameter 12cm, depth 9cm.

## MS22366 support cushion

15.5cm x 3cm x 10.5cm Pack size 6, case size 72





## **BACK SCRATCHER**

Part of the Medisure mobility range.

Telescopic stainless steel arm with non slip cushion grip.

Enables the user to gently scratch parts they may find difficult to reach.

#### MS18475

Pack size 6

Carton size 144 (24 packs of 6)



# LONG HANDLED SHOE HORN

Part of the Medisure mobility range.

60cm long, lightweight and durable.

For anyone with mobility issues. No need to bend over.

### MS22731

Pack size 6

Carton size 144 (24 packs of 6)



# The Medisure foot care range

Provides comfort and support for every step



## **MS23622** Medisure Blister Plasters

Hydrocolloid plasters provide a protective barrier to shield the blister from friction and pressure.

Each pack includes 5 plasters

- 3 of 7.2cm x 4.5cm
- 2 of 7.2cm x 1.9cm



## **MS23707** Medisure Gel Toe Tubes

Made from soft, stretchy silicone. Provides protection against toe abrasion.

May be cut to length, folded over or used one on top of the other.

One size diameter 2cm, length 5cm.





## **MS23721** Medisure Gel Toe Separators

Made from soft, comfortable silicone. Relieves pressure between toes and reduces friction.

2 pieces.

One size 3 x 1.4 x 2.2cm



# The Medisure foot care range

Provides comfort and support for every step



## MS23745 Medisure Gel Ball of Foot Cushion

Made from soft, comfortable silicone. Absorbs shock and reduces pain in the ball of the foot.

2 pieces.

One size 6.5 x 8.5 x 0.5cm

Sold in 6s, carton size 144





## **MS23769** Medisure Gel Bunion Cushion

Made from soft, comfortable silicone. Protects bunions from pressure and friction.

One size 6.5 x 8.8 x 0.4cm

Sold in 6s, carton size 240





# **MS23783** Medisure Gel Heel Pad

Made from comfortable and durable TPR material. Relieves heel pain and absorbs shock during walking.

2 pieces.

One size 10.2 x 6cm



# Footcare

## **MS23622 Medisure Corn Pads**

Medisure corn pads are made from soft durable PU foam with strong, skin friendly adhesive and will help to keep feet feeling comfortable.

Pack of 9

Latex free

Sold in 6s, carton size 300







#### **EYESHADE**

**MS02047** White plastic **MS02054** Black Sold in packs of 6



#### **EYE BATH**

MS01699 Sold in packs of 6



### **FOLDING MAGNIFIER**

MS17003 Sold in packs of 6



### **EAR PLUGS 4 PAIRS**

**MS02498** Soft slow expanding high density foam providing a comfortable and effective seal along with noise reduction of 33db. Sold in packs of 6





### **TONGUE CLEANER**

MS03174 Sold in packs of 6



#### **DENTAL BOX**

MS03181 Sold in packs of 6



#### **DENTAL FLOSS PICKS**

**MS17508** Pot of 50. Simply and comfortably help to remove plaque and other particles between teeth. Sold in packs of 6



## **GLASS DROPPER**

**MS05413** Medicine **MS05437** Eye Sold in packs of 6



## **SOFT TOUCH EYE BATH**

**MS23462** Sold in packs of 6. The Medisure soft touch eye bath features a soft and flexible edge that comfortably seals around the eye.

Material: Thermoplastic elastomer / polypropylene. Latex free





### **EYE BATH VALUE PACK**

 $\bf QZ9795$  Sold in packs of 10. Qualicare value pack of 10 eye baths for eye irrigation.

Material: Polypropylene. Latex free

# Eyes, ears & dental

## SILICONE EAR PLUGS

Medisure silicone ear plugs are intended to cover the ear opening and will help to comfortably reduce noise irritation.

Made from soft silicone, they are easy to use, resistant to water and great for use at home or when travelling.

7 pairs of ear plugs supplied with a durable polypropylene travel / storage case.



Pack size 6 (6 packs of 7 plugs)

Carton size 240 (240 packs of 7 plugs)





## **EAR SYRINGE**

The 60ml Medisure Ear Syringe will allow effective and gentle cleansing of the outer ear canal.

The soft bulb, tapered tip and effective suction strength also make it ideal for other irrigation or aspiration uses.

## MS18512

Pack size 6, Carton size 144 (24 packs of 6)

## **EAR CLEANER**

The Medisure Ear Cleaner is a safe and simple way to thoroughly clean the ears.

The system comprises an easy to use handle and 16 thermoplastic elastomer replaceable tips.

The soft spiral tips will help to gently and effectively remove ear wax and other debris from the ears.

Latex free.

## MS18499

Pack size 6
Carton size 144 (24 packs of 6)
Handle material ABS
Spiral tip material TPE



## Dr Denti provides a range of dental products.

## **SMILE**

Smile is an oil-free, dental prophylaxis paste and is designed and formulated especially for home-use. Not to be confused as another toothpaste, SMILE is mildly abrasive in order to remove stubborn stains, and is also used to polish teeth to a high lustre.

### MS05093 Pack size 6



## **TOOTH-FIL**



Tooth-Fil is a ready-to-use temporary tooth filling material based upon zinc oxide putty that is presented in a pre-filled plastic syringe. The 3g pack contains sufficient material for 10 standard fillings and comes complete with a spatula. Tooth-Fil fillings can last up to 4 weeks, as approved and sold by many dentists and pharmacists. Tooth-Fil hardens on contact with saliva and is easy for dentists to remove to make a more permanent filling.

## MS05086 Pack size 6

## **REFIT**

Refit is a product ideal for temporarily re-cementing dislodged crown bridges, veneers, facings, inlays and onlays (fixed prosthesis) which otherwise are normally permanently fixed in the mouth.

### MS05048 Pack size 6



## Dr Denti provides a range of dental products.

## **DISCLOSING TABLETS**

Simply by chewing a disclosing tablet for a few seconds, tooth plaque and impacted food adhering to teeth is revealed. Tooth cleaning and brushing techniques can then be adjusted to ensure thorough removal of all the caries causing plaque and other organic debris. This is a very easy product to use, and is an excellent tool for teaching children how to properly brush their teeth in a new and fun way.



## MS05094 Pack size 6



## MGS MOUTHWASH TABLETS

These are effervescent mouthwash tablets in a brilliant colour and flavour. Perfect as an invigorating refresher, i.e. prophylaxis home use, or as a mouth rinse during dental treatment. MGS Mouthwash tablets are quick to dissolve in warm water, giving a sparkling coloured and pleasantly flavoured mouth gargle. The tablets also contain cleansing agents as a crucial aid in the removal of stain and food lodged in the interdental spaces. MGS mouthwash solution is non acidic. It can also be used as a prophylactic treatment for dry mouth.

## MS05095 Pack size 6

## **SOF-GRIP**

The answer to problem dentures is in the form of a convenient, soft, acrylic resin.

Sof-Grip is an acrylic resin material designed with the intention to use as a soft denture fixative and liner. It requires no mixing and comes ready to use.

MS05096 Pack size 6



# Toothbrushes / Health miscellaneous





#### **TOOTHBRUSH CHILDS**

# **SD16006**Sold in packs of 12



#### **TOOTHBRUSH COVERS**

**SD16020** Set of 4 Sold in packs of 6



### **SINGLE EDGED BLADES**

MS01712 Sold in packs of 6



#### **SAFETY PINS**

MS02061 Sold in packs of 6



#### **NUISANCE MASK**

MS01705

Sold in packs of 6



#### **TICK REMOVERS**

MS05406

Sold in packs of 6 A reliable & simple way to remove ticks.



#### **SPECIMEN CONTAINER**

MS02511

Sold in packs of 6



# Health miscellaneous









# Sure Thermal Hot & cold therapy



Whether it's needed to relieve pain, swelling, bruising, headaches or burns, the Sure thermal range is ideally suited for targeted relief.

Cooling . Soothing . Comforting

#### **INSTANT ICE PACKS**

This single use disposable pack is a convenient addition to any first aid kit and is especially suitable

for sports and other physical activities where bumps, strains and sprains are possible. Simply

breaking the small internal bag of water quickly activates the Urea crystals to give up to 25 minutes of ice cold therapy.

**TH08551** 27cm x 13.5cm

**TH12213** 15cm x 15cm

Sold in packs of 6

#### **INSTANT HEAT PACK**

Single use disposable pack.

Heats up in seconds to around 50°C and lasts around 30 minutes.

TH23608 23.5cm x 13cm

sold in packs of 6



#### **REUSABLE HOT/COLD PACKS**

Reusable hot/cold packs can be used from the fridge, freezer or microwave to provide targeted relief. Use it cold as a relieving compress to help with swelling and bruising after an injury or use it warm to soothe and comfort aches and pains.



TH20812 Reusable pack 27cm x 13.5cm

handy

sure

INSTANT ICE PACK

ANT

ACK

Sold in packs of 6

## **REUSABLE HOT/COLD PACKS**

Reusable hot/cold packs can be used from the fridge, freezer or microwave to provide targeted relief. Use it cold as a relieving compress to help with swelling and bruising after an injury or use it warm to soothe and comfort aches and pains.



**TH05895** Luxury reusable pack in strong nylon pouch 23cm x 12.5cm

Sold in packs of 6

#### **ICE PACK COVER**

**TH13562** Ice pack cover for standard size ice pack.

Sold in 12s



#### COLD SPRAY

Spray in aerosol can to assist with aches and pains.

QH0550 Freeze spray



# Sure Thermal Hot & cold therapy



Whether it's needed to relieve pain, swelling, bruising, headaches or burns, the Sure thermal range is ideally suited for targeted relief.

Cooling . Soothing . Comforting

#### **SURE THERMAL 25CM ICE BAG**

- 25cm diameter ice bag
- Large, screw off lid
- Can be easily filled with ice or cold water
- Pleated design allows the bag to conform to the body
- Reusable
- Sold in packs of

TH23028 25 cm



### **HEAT PADS**

#### Single Use

Two self heating pads to provide gentle soothing heat.

#### TH18277

Sold in packs of 6



### **HAND WARMERS**

#### Single Use

Can provide up to 8 hours of gentle warmth when used in a glove, mitten or pocket. Once opened the single use disposable pad gradually heats up to protect hands against the cold.



TH16709 2 heat pads 9.0cm x 6.8cm, Sold in packs of 6

#### Reusable

Can provide around 45 minutes of gentle warmth when used in a glove, mitten or pocket. The pad is activated by bending/flexing the metal disc within the pack which activates the gel. Can be reactivated by boiling in a saucepan for 15 minutes.

Gel is non-toxic sodium acetate and water.



Up to 8 hours warmth

Simply place inside footwear for comforting warmth

**TH23561** Foot Warmers SML-MED Size 7.5cm x 23cm, size 4-7

**TH23585** Foot Warmers MED-LGE 8cm x 25cm, size 7-10

Pack size 6



#### **TOE WARMERS**

### Single Use

2 per pack

Size 9cm x 7cm

Pack size 6

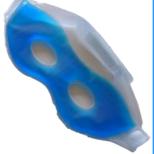
TH23547



#### **GEL EYE MASK**

Cooling Gel Eye Mask is ideal for soothing, refreshing and revitalising tired or puffy eyes. This soft gel mask secures neatly in place around the eyes with an adjustable Velcro head strap and can either be used cool from the fridge or it can be gently heated for comforting warmth.

TH20850 Gel eye mask



# Sure Thermal Hot & cold therapy

# Soothing & relaxing

**Warming** 

cooling

# comforting

# refreshing

- Filled with non-toxic gel beads and water to mould to contours of face or body
- Reusable
- Chill in fridge or warm in microwave



## **TH22779 Forehead wrap**

Soft and comfy velour backing
Sold in multiples of 6
Case size 42



## TH22816 Eye mask

Soft and comfy velour backing

Sold in multiples of 6



## **TH22793 Face mask**

Soft and comfy velour backing Sold in multiples of 6





## TH22755 Ice pack

In PVC pouch 10cm x 19cm Sold in multiples of 6 Case size 48







## Rubber hot water bottles

Sure Thermal hot water bottles are manufactured to the latest requirements of BS1970-2012. All rubber bottles are covered by a 2 year guarantee.



2 litre bottle, pack of 6 contains 2 blue, 2 purple, 2 red. Case size 30.

CS01378 plain

CS01385 ribbed 1 side

CS01392 ribbed 2 sides

## **Fleece Covered Hot Water Bottles**

# CS01415 fleece covered HWB brights

Fleece cover over 2 litre double ribbed bottle, pack of 6 contains 2 light blue, 2 dark blue, 2 pink covers with our coordinating guaranteed bottles.

Case size 30.



## CS01415A fleece covered HWB neutrals

Fleece cover over 2 litre double ribbed bottle, pack of 6 contains 2 dusky pink, 2 cream, 2 grey covers with our coordinating guaranteed bottles.

Case size 30.



# Sure Thermal



# **Faux Fur Covered Hot Water Bottles**

# CS12145 fur covered HWB brights

Faux fur cover over 2 litre guaranteed double ribbed bottle, multi-coloured pack of 6.

Case size 30.



## CS22427 fur covered HWB neutrals

Faux fur cover over 2 litre guaranteed double ribbed bottle, pack of 6 contains 2 dark grey, 2 light grey, 2 soft pink covers .

Case size 30.





# Long hot water bottles

Soft faux fur cover with pom poms.

Length gives extra flexibility to provide warms to back, neck or legs.

Manufactured to the latest requirements of BS1970-2012. All rubber bottles are covered by a 2 year guarantee.



76cm long

Pack of 6 contains two of each coloured covers with coordinating bottles

Case size 12

CS22212

Also available with fleece cover:

**CS22083** assorted pack of 6 Case size 12



# **Sure Thermal**



## Hot water bottles covers

## **CS01408 Faux fur cover brights**

In handled bag, pack of 6 contains assorted colours. Case size 96.



## **CS22427 Faux fur cover neutrals**

In handled bag, pack of 6 contains 2 of each light grey, dark grey & dusky pink. Case size 96.



# CS18710 Striped fleece cover

In handled bag, pack of 6 contains assorted



# CS18734 Tartan fleece cover

In handled bag, pack of 6 contains assorted



## **Sure Thermal Heat Packs**



Sure Thermal Soothing Heat Packs feature a natural palygorskite bead filling as an improved alternative to wheat based products. This natural and proven thermal alternative gives a more hygienic and longer lasting product that is more suited to regular microwave heating and cooling cycles.

The range has been carefully made to comply with BS8433:2004 (Microwaveable Personal Warmers) and includes shaped back and shaped neck warmers for targeted comfort and relief.

The thermal bead filling is palygorskite, a harmless and natural magnesium aluminium silicate mineral. In a powdered form, this abundant clay mineral is widely used in medicines that are formulated to remove acids and toxins from the digestive system.

Microwave for soothing warmth or freeze for a relieving cold compress.









## **ORAL SYRINGES**



1 ML DP18352 Pack 50, Carton 500



5 ML DP18390 Pack 50, Carton 500



**3 ML** DP18376 Pack 50, Carton 500



10 ML DP18413 Pack 50, Carton 500

- For accurate administration of oral liquids
- Produced under Disposable Medical Devices certification CE0434
- Purple plunger in accordance with NPSA (national patient safety agency) alert 19 to differentiate oral from surgical syringe
- Individually wrapped -Includes bottle adaptor and full instructions

## **SPECIMEN CONTAINERS**

Available loose in bags of 50 or blister carded for retail.



DP18550 Pack 50, Carton 500





**30ML RETAIL PACK** 

**60ML RETAIL PACK** MS02511 Pack 6, Carton 288



**60ML WITH LABEL** DP20973 Pack 50, Carton 500

## **DROPPER BOTTLES**



10 ML DP20959 box of 12, Carton 144

20 ML DP20966 box of 12, Carton 144

30 ML DP21949 box of 12, Carton 144

50 ML DP18963 box of 12, Carton 144



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